**Dermal Filler for Face & Body Volume Restoration**

**What is a Dermal Filler?**

Dermal Fillers are tiny injections of gels usually Hyaluronic acid, that temporarily adds volume and structure to the face. It also promotes temporary improvement of facial wrinkles, acne scars and marks, skin pigmentations and even stretch marks. This treatment option is fast and proven effective in achieving smoother, plumper and younger looking skin.

**What are the benefits of fillers?**

As we age, we lose volume in key areas of the face. This contributes to folds, wrinkles, hollow temples, thinning lips, sunken eyes, and an older appearance to the face. Fillers can be used to restore this volume loss, smooth out folds and wrinkles, and improve contours to achieve natural results without altering facial expression. Certain fillers can also be used to correct scars.

**How does Dermal Filler for face & body volume restoration work?**

Dermal fillers use a gel like product that acts as a scaffold under the skin, providing framework and structure. The volumetric support that dermal fillers provide result in more defined physical features. This treatment stimulates the natural collagen and elastin formation in the dermis, beneficial for long term improvement of the skin.

**Is the treatment painful? Is it safe? How long will the treatment take?**

Generally, temporary fillers are very safe since these absorbed by the body in the long run. Dermal filler treatments take about 30 minutes depending on the area to be treated. Numbing creams are usually applied prior to the treatment to ensure your comfort.

**How many treatments I need before I see results and how long will it stay?**

Results are seen instantly after the treatment, although this gradually improves over the course of the following 2–4 weeks. Depending on the Dermal Filler used, results may last from 6 months to 24 months.

**What areas can dermal fillers be used for?**

Best Dermal Filler Areas The face loses volume and contour when we age, the bones and the soft tissue dissolve and contribute to appearance of sagging. Dermal fillers may be used to replace this volume loss and restore the structural support, giving the patient a more youthful appearance. The aim is to make the face more harmonious and rejuvenated.

For instance, the lips may be injected to improve their shape, size, symmetry and proportion. The cheeks may be injected to make a face more defined and attractive. An underdeveloped chin may be injected to make it appear more projected and proportionate. The nose may be injected to improve the shape and its contour.

**What must I do after getting a filler?**

Most patients can return to their everyday activities after leaving the office. To reduce any redness and swelling from the injections, your dermatologist may recommend icing the area for 15 to 20 minutes before you leave.

**Which filler do I need?**

The choice of filler depends on the individual patient, their treatment goals, and personal facial anatomy. I recommend booking a consultation to discuss these things with your provider.

**Will I look natural?**

When fillers are used in the appropriate amount and placed in the right location, the result is a beautiful, natural, youthful outcome. Fillers are not meant to create totally different features. In the hands of our experienced providers at Everlast wellness who have extensive knowledge of facial anatomy, the outcome simply enhances one’s own facial features.